



EAST MOUNTAIN SCHOOL EXTENDED SCHOOL YEAR PROGRAM SUMMER 2024

Prepare for the Fall 2024 & Spring 2025 School Sessions Now

East Mountain School’s summer program is designed to help adolescents with psychiatric needs and behavioral disabilities to strengthen academic and social-emotional skills.

Our **six week** program focuses on providing academic support and reinforcing skills to boost students’ engagement, familiarity and confidence in the curriculum and themselves.

The goal is to promote continuation of the students’ academic success and social-emotional skills development over the summer months while having fun along the way.

OUR EXTENDED SCHOOL YEAR (ESY) PROGRAM FEATURES:

- Academic reinforcement and targeted learning to keep student on track
- Enrichment and practice in core subjects and skills through hands-on learning
- Opportunity to make up credits or courses if needed
- Elective classes in areas including physical education, art, cosmetology, music and others
- Outdoor activities on our 100+ acre scenic campus
- Building social skills and confidence through small group activities and teamwork projects
- Exposure to mindfulness skills and awareness, including stress reduction and management behavioral modification techniques
- Individual and group counseling, and interaction with community resources and support agencies
- Healthy meals and ability to meet dietary needs from our on-site food service team

DATES:
July 8 through August 16

GRADES:
7 through 12

TIME:
Monday through Friday
9 a.m. - 2:15 p.m.

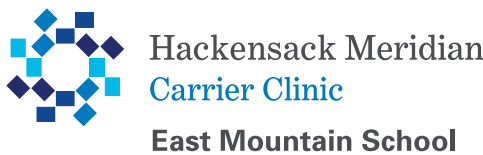
LOCATION:
East Mountain School
(all sessions are in person at the school)

CONTACT:
Kristen Rosati, Program Coordinator
Call 908-281-1494 or email
kristen.rosati@hmn.org

This program is open to existing and NEW students. New students are always welcome at EMS.

**Call us today for information and student referrals.
908-281-1494**

East Mountain School
252 County Road 601
Belle Mead, NJ 08502
908-281-1494



**Hackensack Meridian
Carrier Clinic**
East Mountain School